



What is MOPS?

Mothers of Preschoolers (MOPS) is a program designed for mothers with children from age birth through kindergarten. MOPS meets the needs of every mom—urban and suburban moms, stay-at-home and working moms, teen, single, and married moms—moms with different lifestyles who all share a similar desire to be the very best moms they can be!

MOPS began in 1973 in Denver, Colorado. Today, over 3,800 groups meet nationwide and in 33 countries. Mothers with preschoolers leads MOPS groups so they have the chance to develop their leadership skills through experience and excellent training opportunities.

MOPS encourages moms through resources such as books, the MOPS website (www.mops.org), MomSense Radio, and MomSense magazine.



Morning Star Church MOPS Coordinators

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www.mscwired.org/mops

Morning Star Church

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The purpose of MOPS is to encourage, equip, and develop every mother of preschoolers to realize her potential as a woman, mother, and leader in the name of Jesus Christ.

MOPS at Morning Star Church

Our MOPS group is made up of women of all different walks of life and ages, but who share a common desire to become better moms and stronger women of influence in our communities.

A Typical Gathering

Each meeting allows moms to have some “down time” while their children are cared for in a loving, preschool-like environment called MOPPETS. We usually start our mornings with fellowship and refreshments, followed by some fun and games to facilitate relationship-building. We invite guest speakers to discuss topics relevant to mothers of preschoolers, and we break into discussion groups where discussion group leaders facilitate conversation. To wind up our time together, moms are invited to explore their creative talents through crafts, and we occasionally learn and obtain creative techniques from outside speakers. We adjourn around 11:30 am and gather our children from MOPPETS.



“I have met some really great ladies whom I have become good friends with, and I was able to take care of me a little bit at each meeting.”

“MOPS has helped shape my identity as a mother.”

“Through MOPS, I’ve learned so many wonderful parenting tools and great ideas. I wish I would have joined sooner!”

“There is no more significant group of cultural changers in the world than mothers.”

~ Rick Warren, author of *The Purpose Driven Life*



Our Meeting Times

We meet on the first and third Fridays of each month, from 9:30 am to 11:30 am, September through May. We also have playgroups that meet at least once per month. In addition, we have MOPS & POPS events such as picnics, socials, and other planned activities.



MOPPETS (Childcare)

Our MOPPETS program provides care for infants through kindergarten-age children. Infants six months of age and younger may stay with their mother during the meeting. While mothers attend the MOPS meeting, the children enjoy a program designed to meet their needs. The children are divided into age groups and are involved in planned activities that provide social growth and spiritual enrichment. Games, stories, crafts, music, and play enhance their physical and creative development.



Fees & Registration

We charge a \$55 fee per semester, due at the time of registration. Scholarships are available based on need and availability.

If you’re interested in participating, please contact one of our MOPS coordinators (see contact information on reverse), or visit our website: www.ms wired.org/mops.