

Morning Star Church
Small Group Devotional Guide
ONE, Week 1, The Upper Room, One Posture: A Servant

Message synopsis: Pastor Mike began a new message series this past weekend entitled: *ONE*. This series recounts the events of Holy Week, the week in Jesus life that led up to the Cross. It was about One Day, One Man, One Purpose. This week Mike showed us the Upper Room where Jesus had His last meal with his followers. It was about *ONE POSTURE: Being a Servant*.

“...the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.” Matthew 20:28, NIV

Group Icebreaker:

Share with your group the most amazing meal you have ever had in your life. What would you actually prefer: a formal, fashionable invitation to a banquet in a celebrity’s mansion; a 5-6 course meal at a five star restaurant; or a meal with close friends in a small intimate setting? Why?

Day 1: Jesus had *ONE Posture* from the beginning.

1. Read John 1:1-14, 29-30. This is John’s explanation of the coming of Jesus Christ into the world. What do you see in these verses that implies the humility and servant attitude of Jesus?
2. Read Matthew 3:11-17. Jesus began his earthly ministry submitting to God’s will by being baptized by John. Discuss how this shows the humble heart of Jesus.

Day 2: Jesus ministry revealed His *ONE posture*.

1. Read Matthew 11:28-30. How has Jesus revealed His humble and gentle ways in your life? How has His touch brought rest to your life?
2. Read Matthew 20:20-28. Jesus frequently redirected His follower’s ideas about *greatness* and who is really important in the world, He does so here. His view of greatness is so contrary to the world’s view. How did His life reveal *true greatness*?

Day 3: Jesus in the upper room demonstrated His *ONE posture*.

1. Read John 13:1-8. In Jesus day the servant would wash the caked on dirt and mud of the roads off the feet of the guests in the home. Why did Peter have a problem with this? What does Jesus response in verse 8 mean to you?

Symbolically, to place our feet into the basin of Jesus is to place the filthiest part of our lives into His hands. Have you done that?

2. Read John 13:12-17. In this illustration Jesus was modeling how He wants His followers to treat others. Is there a ministry you are serving in or you can serve in that allows you to model the humble heart of Jesus for others?

Day 4: Jesus in the Passover Meal demonstrated His *ONE posture*.

1. Read Luke 22:7-20. Mark in verse 19 the verbs used to describe the action of Jesus. Clearly, the Bible shows His servant heart again, He was not the *guest* He was the *host*. How does Jesus show His humility in this meal?
2. Read Exodus 12:1-14. According to verse 8, what were they to eat during this meal? Read Isaiah 53:7; I Corinthians 5:7; 1 Peter 1:19-20. Who is ***our*** Passover Lamb? Do you think Jesus was aware of this symbolism as He ate with them that night?

Day 5: Jesus maintained His *One posture*, as a servant all the way to the cross.

1. Read Philippians 2:1-11. What do you think it was like for Jesus to leave heaven and take our place on the cross?
2. What is *one* specific way you can take on the posture of a servant this week?

Morning Star Church
Sermon Notes
ONE: one day. one man. one purpose.
February 27-28, 2010

Jesus calls us to take the posture of a servant.

Struggles with Servanthood

- Inconvenience
- Apathy
- Abuse
- Fatigue
- Pride

In the Kingdom of God... "*many who are first will be last, and many who are last will be first."* (Jesus, Matthew 19:30)

"Whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave—just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many." (Jesus, Matthew 20:26-28)

ONE Posture

Upper Room—The Example	Foot washing (John 13:1-17)
Upper Room—The Teaching	Greatness (Luke 22:24-30)
Upper Room—The Symbol	Lord's Supper (Mark 14:22-26)

Servants finish first in the Kingdom of God.